



# Stride Treglown

Robert Sargent

**Position:** BIM Director

**Company:** Stride Treglown

**Sector:** Architecture, BIM, Interior Design, Landscape Architecture, Planning **Constructing Excellence Region:** South West

## What's the day job?

Ensuring everyone has the right tools to deliver a great service to our clients

## What has been the highlight of your career?

Becoming a Board Director before 40

## What has been the most challenging moment of your career?

Having to let members of the team go during the recession

## What are your views on the hot topics in construction?

BIM is a difficult process to implement, and the industry is at a mixed level of understanding. There is confusion and a lack of understanding of its benefits and impact on businesses. We must not lose sight for need to come together and deliver real benefit to each other, and adopt lean process and construction techniques.

## What do you think/hope the construction industry will look like in the future?

Digitally adaptive, and more balanced across the sexes.

*"We must not lose sight for need to come together and deliver real benefit to each other"*

## What do you like to do in your free time?

Having a cool cider in a country pub after a hard evening Mountain Biking in the Mendips.

## What did you want to be growing up?

An architect!

## What was your first job?

A delivery driver and service engineer of site hire equipment

## Where is your favourite place in the world?

On top of Crooks Peak, thinking how lucky I am to live in the best place in the UK

## If stranded on a desert island, what would 3 items would you take?

A sail boat, compass and satellite phone. I would want to get back home to the family as soon as possible!

## How did you get involved in Constructing Excellence?

By being invited to speak at various events

## What are the benefits of CESW membership?

Meeting like minded people, and helping others by sharing experiences.

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